



The all-conquering Ballygar ladies team, back row, left to right: Orla O'Roarke, Georgie Spain, Niamh O'Roarke, Denise McGuinness, Gerry Fitzgerald (coach). Front row, left to right; Andrea Quinn, Ciara Naughton, Mary Sheeran, Tracey O'Roarke.

Success for Ballygar ladies

Ballygar Ladies Tug of War recently won two gold All-Ireland medals. The final round of the 405kg and 435kg National league was held on Sunday 14th August at Edenderry Rugby Club, Co. Offaly.

The ladies pulled very well in the three rounds leading into the final in top position on both league

tables. They went into the final not having lost a single end all year in the 405kg league and went on to finish the year unbeaten, taking home gold two years in a row.

The 435kg League was a tougher competition for the girls as they were a lot lighter on the day. They lost one pull to a very strong Connemara team

who won the 435kg in 2010. The ladies pulled Boyneside in their final pull; it was a great contest and was thoroughly enjoyed by the crowd. They showed power and determination right from the start. They won the first end and in the second end, Boyneside attacked from the start, winning one metre of rope but the

Ballygar ladies showed their superiority and responded with power and went on to win the pull on two straight ends.

The ladies go on to represent their club in the European Championships in Minehead in September. Five of the ladies have been selected for the National panel entering the European Championship.