

National Youth League 2010

ITOWA rules apply except for the following.

1. A puller he/she is eligible to participate in the national league, from the beginning of the year in which he/she reaches the age of 12 years until the end of the year in which he/she reaches the age of 18 years.
2. Mixed teams are allowed
3. Weight class is 420kilos
4. A team will consist of 6 pullers, 8 maximum.
5. Fielding girls in a team will give a bonus of 10kilos per girl limited to 450kilos (30kilo maximum allowance)
6. No substitutes are allowed.
7. Competition to be run over five Sundays in the ITOWA calendar not clashing with 560kilos or 600kilos category times in any division.
8. Results will be from points accumulated over the five weeks.
9. In the event of teams being level on points after the final day of competition, the number of cautions, then weight will decide.
10. A basic registration fee of €50 will apply for school/youth teams if they are not linked to any club.
11. A lady ITOWA official should be present at all youth league weigh-ins.
12. Only the team going to the scales will be allowed at the scales area together with their coach.